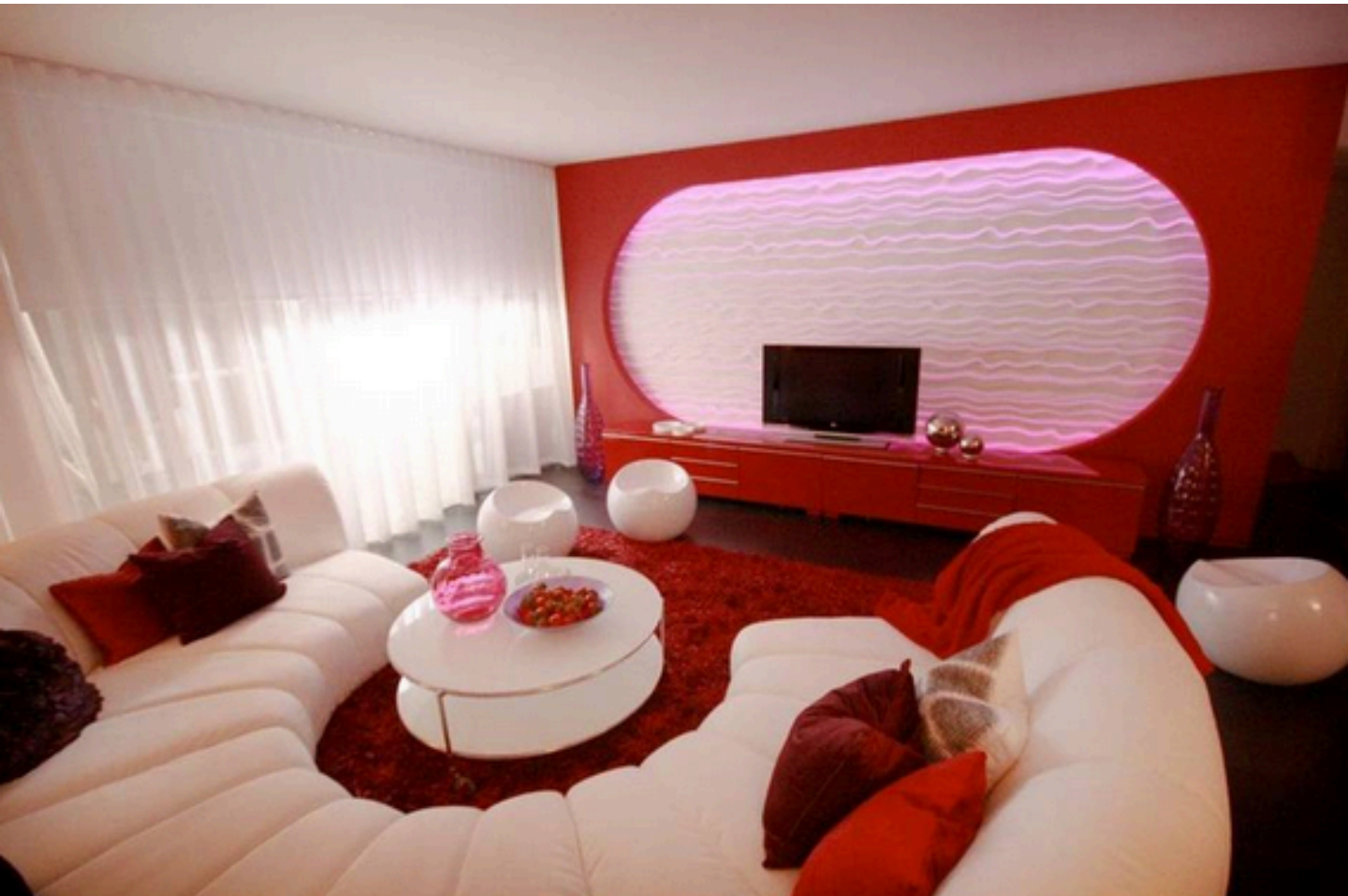


David Bromstad on color: Red-letter day for Mom



honoring mom: On Mother's Day, a room that David Bromstad decorated in red, a color that signifies love — and his mother — to him. David Bromstad

I would like to give a very special thank you to my mom and to yours. Please join me as we celebrate the woman in our lives this Mother's Day.

Our mothers mean something different to each of us in a very special and unique way. This year, a thought popped into my head: If I had to think of my mom and relate a color to her, what would it be?

I had never thought of a color when thinking of my mom, but as I close my eyes and look back into my childhood, the color red pops in my mind. I'm not sure if it's because it's her favorite color or if I relate the color to her based on her personality.

My mother, Diane Bromstad, is vibrant, feisty, tender, loving, understanding, caring and just simply divine. When I think of her, I always feel loved, and red to me is a color of love.

Each color has an impact on our moods and our behaviors.

Red symbolizes passion, love, seduction, adventure and heroism. In ancient days, red was almost as rare and as expensive as purple, which signified royalty. It is the most popular color used in flags all over this gorgeous world. In almost all countries, red means STOP. In Europe, red signifies sex or pornography, as in Red Light District.



David Bromstad and his mother, Diane Bromstad. | DAVID BROMSTAD

Now I challenge you to close your eyes and picture your mom. What color comes to mind? After you think of your color, search Google and find the meaning of that color. It's really interesting.

Once you find your color, send your mom something in that color. Maybe it's flowers, a blouse, shoes, or something else. Whatever it is, let your mother know that it is the color you think of when you think of her. Send some love and thank all your moms, grandmothers, sisters, aunts and friends for all the love they gave us growing up.

Happy Mother's Day Mom and to all the moms all over this world!

David Bromstad is host of HGTV's 'Color Splash' and designer of David Bromstad Home by Grandin Road. Follow @Bromco on Twitter.